

Spirituality – Challenging Study

- I. WALKING IN LOVE AND IN FELLOWSHIP WITH THE LORD JESUS CHRIST IS A COMMAND FOR EVERY BORN AGAIN BELIEVER.
- II. WHEN A PERSON IS CLEANSED FROM SIN AND FILLED WITH THE HOLY SPIRIT, THIS CONDITION IS KNOWN AS SPIRITUALITY.
- III. OUR LORD HAS PROVIDED THE MEANS BY WHICH WE CAN BE IN FELLOWSHIP WITH HIM, AND THIS IS THE FILLING OF THE HOLY SPIRIT COMMANDED IN [EPH. 5:18](#).
- IV. THIS IS ACCOMPLISHED BY MEANS OF RESTORATION TO FELLOWSHIP AS PRESENTED IN [I JOHN 1:9](#).
- V. THE LORD HAS ALSO PROVIDED THE WRITTEN WORD WHEREBY WE CAN *“as new born babes, desire the pure milk of the word that we may mature thereby...”* ([I Peter 2:2](#)) In [Prov. 8:33](#) we are told to *“hear instruction and be wise, and refuse it not.”* [Proverbs 23:12](#) exhorts us to *“apply your heart to discipline, and your ears to words of knowledge.”* And [Hebrews 5:14](#) reminds us that *“strong meat belongs to them that are of a full age....”* “Full age” means SPIRITUAL MATURITY!
- VI. THERE ARE SOME FALSE CONCEPTS OF SPIRITUALITY.
 1. Spirituality is not the result of what we do: witness, give, pray, dedicate. It’s what God does.
 2. Spirituality is not imitating some outstanding believer in personality, talk, walk, mannerisms, dress, etc.
 3. Spirituality is not a series of forbidden activities. (Many activities are evil, but what I don’t do does not spell spirituality). The Christian way of life is a supernatural way of life which demands a supernatural means of execution. (FHS)
 4. Spirituality is not a result of comparing “my more refined and respectable sins to your terrible-awful sins.”
 5. Spirituality is not asceticism (known as Monasticism or extreme self-denial) “I have given up food, women, and smiling, therefore I am spiritual.”
 6. Spirituality is not emotionalism (ecstatics). Emotions are wonderful and have a proper place; however, man is in serious condition if he depends upon emotions in salvation or spirituality.
 7. Spirituality is not ritualism. “I go to church, tithe, and attend church on Wednesday evening, therefore I am spiritual.”
 8. Spirituality is not self-crucifixion. There are many false interpretations of [Romans 6](#). (Self does not crucify self). Ego never cancels ego. [Galatians 2:20](#). Spirituality is not personal improvement.